



## YOUTH CLASS SCHEDULE\*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BEGINNER YOUTH (White Belts)	4:00 pm	6:00 pm	4:00 pm	6:00 pm	5:30 pm	11:00 am
BASIC YOUTH (Yellow, & Orange Belts)	4:00 pm	6:30 pm	4:00 pm	6:30 pm	5:30 pm	11:00 am
INTERMEDIATE YOUTH (Purple, Blue, Green)	5:30 pm	4:30 pm	5:30 pm	4:30 pm	5:30 pm	11:00 am
ADVANCED YOUTH (Brown and Above)	5:30 pm	4:30 pm	5:30 pm	4:30 pm	5:30 pm	11:00 am
BLACK BELT YOUTH		5:15 pm		5:30 pm		
SPARRING (All Ages, Karate students, Yellow Belt & above)						12:15 pm
GRAPPLING (All Ages, Karate or Krav Maga students )						10:00 am
YOUTH WEAPONS (Karate students up to 12 yrs)	6:30 pm					
WUSHU/XMA CLASS (All ages, Karate students)					4:30 pm	

\* This schedule will go into effect 8/11/08